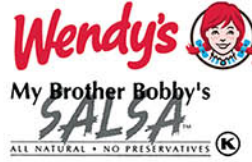


VASSAR BROTHERS MEDICAL CENTER  
PUTNAM HOSPITAL CENTER  
NORTHERN DUTCHESS HOSPITAL  
HEALTH QUEST MEDICAL PRACTICE, P.C.

**HEALTHQUEST**



**BRAND NEW COURSE WITH SAME FINISH LINE  
FOR ALL THREE RACES THIS YEAR!**

**39<sup>TH</sup>**  
**DUTCHESS COUNTY CLASSIC**  
**SUNDAY 9.17.17**

**WWW.MHRRRC.ORG WWW.DCCLASSIC.COM**

**HALF MARATHON • 5K • FREE KID'S 1 MILE**

**NEW LOCATION – LAGRANGE MIDDLE SCHOOL –  
ALL RACES WILL START AND FINISH AT THE SAME  
LOCATION NEAR LAGRANGE MIDDLE SCHOOL.**

**THE 39TH ANNUAL DUTCHESS COUNTY CLASSIC**

**SUNDAY, SEPTEMBER 17TH, 2017**

**NEW LOCATION – LAGRANGE MIDDLE SCHOOL – ALL RACES WILL START AND FINISH AT THE SAME LOCATION NEAR LAGRANGE MIDDLE SCHOOL ON STRINGHAM ROAD. PLUS YOU WILL BE RUNNING MOST OF THE ORIGINAL DUTCHESS COUNTY CLASSIC COURSE!**

**RACE TIMES:  
Kid's 1M Race 8:00 AM  
Half Marathon 8:30  
5K 8:45**

**Age Brackets:** Male and female –  
**5K and Half Marathon Races:** 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59 60-64, 65-69, 70 and over.  
**Additional 5K Brackets:** up to 14 years, 15-18 years.  
**Additional Half-marathon Brackets:** up to 18 years.  
**Kids 1 Mile Race:** 1-5, 6-7, 8-9, 10-12  
**Awards:** First five places for all races in each category. Ceremony will begin as soon as possible after each race.

**For more information contact Keith Axelrod at 914-456-0708 or e-mail at adgroupman@aol.com**

**Pre-registration:** Applies to entries received on or before September 14<sup>th</sup>, 2017 **RACE PACKETS MUST BE PICKED RACE DAY DAY FROM 6:00 A.M. TO 7:30 A.M.**  
T-shirts: Guaranteed to all pre-registered by 9/1/17  
Checks payable to: Mid-Hudson Road Runners Club and send registration to: Patrick DeHaven, P.O. Box 1805, Poughkeepsie, NY 12601

Due to security concerns, please note that any bags or packages on the grounds of Arlington High School or the finish line area are subject to search. All unattended bags will be removed by police, school security personnel, or race volunteers. If you will be running in either event, please leave any personal items inside your vehicle or with a friend or family member. Thank you.

Check Race:  **Kids 1 Mile – FREE** (**\$10 race day**)  **5K – \$25** (**\$35 race day**)  **Half-Marathon – \$35** (**\$45 race day**)

**All participants will all receive Wick Shirts this year if pre-registered by September 1st.**

Name \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ email \_\_\_\_\_

Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

**MEN'S T-Shirt Size**

Small  Large  
 Medium  X-Large

**WOMEN'S T-Shirt Sizes**

Small  Large  
 Medium  X-Large

**KID'S T-Shirt Size**

Small  Large  
 Medium

For Race Use Only PSN/BIB

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**No strollers, roller blades, dogs, headphones.** Waiver for Race Applications: I know that running a road race is potentially a hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Poughkeepsie Journal, Dutchess County Classic, Mid-Hudson Road Runners, Towns of LaGrange and East Fishkill, the Road Runners Club of America, USATF and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I understand that the course closes after three hours.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Age \_\_\_\_\_ Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_  
if under 18 yrs